MUSIC CITY SCALE 2024 Nashville, TN May 16 - 19, 2024

Activity Overview

The Symposium for Cosmetic Advances & Laser Education (SCALE) will discuss trends in cosmetic medicine and medical dermatology, while taking care to educate attendees on the science behind the multitude of procedures and treatment options available. SCALE will also provide innovative education, skills, and techniques that attendees can immediately adapt into their current practice environment to provide safe, effective, and high-level patient care. This will be done utilizing several proven learning techniques, such as cadaver dissection sessions, live demonstrations on patients, expert panel discussions, and didactic lectures.

Target Audience

This activity is designed for an audience of nurses, physicians, and physician assistants.

Learning Objectives

Upon completion of the educational activity, participants should be able to:

- Review current treatment options for patient with alopecia areata including recent JAK inhibitors.
- Compare new and emerging therapies for Atopic Dermatitis (AD)
- Compare and contrast established and novel therapies for treatment of acne.
- Review treatment options for current and emerging therapies for the treatment of actinic keratosis
- Discuss advances in treatment of non-melanoma skin carcinomas including rare skin tumors
- Review new and emerging treatments for basal cell carcinoma and squamous cell carcinoma
- Discuss application for various neurotoxins, dermal fillers, surgical and minimally invasive treatments for facial rejuvenation and elimination of submental fat.
- Review treatment options for patients with hair loss.
- Compare and contrast available options for non-invasive body contouring and reduction of cellulite with energy-based devices
- Recognize strategies and treatments for a diverse patient population including ethnic and gender differences.
- Discuss indications, contraindications, and properties of existing and emerging neuromodulators and dermal fillers approved for use in the US.
- Review the anatomy and injection techniques for specific regions of the face including the chin, jawline and brow.
- Discuss treatment options for molluscum contagiosum
- Review the prevalence, severity, and impact of primary axillary hyperhidrosis and other common forms of hyperhidrosis.
- Review the prevalence, severity, and impact of hidradenitis suppurativa (HS).
- Review treatment options for patients with hair loss.
- Review the latest advanced techniques in lasers, light, ultrasound, and radiofrequency devices.
- Identify the current and emerging therapies available to manage moderate to severe psoriasis.
- Review treatment strategies, based on knowledge of the indications, efficacy, and risks of available rosacea therapies, to achieve therapeutic goals in rosacea treatment.
- Describe advances in the management of patients with vitiligo



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In support of improving patient care, this activity has been planned and implemented by AKH Inc., Advancing Knowledge in Healthcare and Compass. AKH Inc., Advancing Knowledge in Healthcare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



This activity was planned by and for the healthcare team, and learners will receive 24 Interprofessional Continuing Education (IPCE) credit for learning and change.

Physicians

AKH Inc., Advancing Knowledge in Healthcare designates this live activity for a maximum of 24.25 *AMA PRA Category 1 Credit(s)* $^{\text{TM}}$. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses

Credit being awarded: 24.25 ANCC contact hours

Physician Assistant



AKH Inc., Advancing Knowledge in Healthcare has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 24.25 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Disclosures

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Disclosure of Unlabeled Use and Investigational Product

This educational activity may include discussion of uses of agents that are investigational and/or unapproved by the FDA. Please refer to the official prescribing information for each product for discussion of approved indications, contraindications, and warnings.

Disclaimer

This course is designed solely to provide the healthcare professional with information to assist in his/her practice and professional development and is not to be considered a diagnostic tool to replace professional advice or treatment. The course serves as a general guide to the healthcare professional, and therefore, cannot be considered as giving legal, nursing, medical, or other professional advice in specific cases. AKH Inc. specifically disclaim responsibility for any adverse consequences resulting directly or indirectly from information in the course, for undetected error, or through participants misunderstanding of the content.