## **Activity Overview**

With the influx of injectable products and technologies for minimally invasive aesthetic procedures, providers need additional education with a focus on anatomy, injection technique, and product-specific variables to reduce the risk of complications and remain up to date in practice.

This course consists of four 90-minute modules focusing on toxins, upper face, middle face and lower face. Each module will include a detailed explanation of the anatomy, as seen in the cadaver, which is compared in real time to an injection in the correlating area on a live model also coupled with the use of ultrasound technology to teach enhanced safety and patient outcomes. Viewing the anatomy with the use of ultrasound and the injection technique side-by-side is a unique and impactful learning tool to enhance your understanding of safety zones and improve patient outcomes.

# **Target Audience**

This activity is designed for an audience of nurses, physicians, and physician assistants.

# Learning Objectives

Upon completion of the educational activity, participants should be able to:

- Describe the anatomy of the face in terms of volume loss and structural changes in multiple tissue layers
- Identify the functional aspect of facial muscles including surface landmarks
- Assess a patient's candidacy for facial rejuvenation with neurotoxin, dermal fillers and deoxycholic acid
- Recognize the appropriate anatomical plane for injection when using dermal fillers and deoxycholic acid
- Differentiate among dermal filler agents
- Distinguish between sensory and nerve anatomy
- Perform neurotoxin, dermal filler and deoxycholic acid injections for a range of indications
- Identify anatomical 'danger zones' which may result in adverse events or permanent injury if neurotoxin, dermal fillers or deoxycholic acid are injected improperly
- Assess the benefits of utilizing ultrasound technology for guided anatomy mapping and injections



# CE credit provided by AKH Inc., Advancing Knowledge in Healthcare.



In support of improving patient care, this activity has been planned and implemented by AKH Inc., Advancing Knowledge in Healthcare and SCALE. AKH Inc., Advancing Knowledge in Healthcare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

# Physicians

AKH Inc., Advancing Knowledge in Healthcare designates this live activity for a maximum of 6 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Nurses

Credit being awarded: 6 ANCC contact hours

### **Physician Assistant**



AKH Inc., Advancing Knowledge in Healthcare has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 6 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

### Disclosures

It is the policy of AKH Inc. to ensure independence, balance, objectivity, scientific rigor, and integrity in all of its continuing education activities. The author must disclose to the participants any significant relationships with ineligible companies whose products or devices may be mentioned in the activity or with the commercial supporter of this continuing education activity. Identified conflicts of interest are mitigated by AKH prior to accreditation of the activity. AKH planners and reviewers have no relevant financial relationships to disclose.

## Disclosure of Unlabeled Use and Investigational Product

This educational activity may include discussion of uses of agents that are investigational and/or unapproved by the FDA. Please refer to the official prescribing information for each product for discussion of approved indications, contraindications, and warnings.

## Disclaimer

This course is designed solely to provide the healthcare professional with information to assist in his/her practice and professional development and is not to be considered a diagnostic tool to replace professional advice or treatment. The course serves as a general guide to the healthcare professional, and therefore, cannot be considered as giving legal, nursing, medical, or other professional advice in specific cases. AKH Inc. specifically disclaim responsibility for any adverse consequences resulting directly or indirectly from information in the course, for undetected error, or through participant's misunderstanding of the content.